









ZONES OF REGULATION

BLUE	GREEN	YELLOW	RED
 	 	 	 
<p>Sick Sad Tired Bored Moving slowly No energy</p>	<p>Happy Calm Good to go Focused Ready to learn Working hard</p>	<p>Frustrated Worried Silly Wiggly Anxious Excited</p>	<p>Angry Mean Mad Afraid Out of control Hands-on</p>

Thank you so much for downloading! If you have any questions or concerns, please feel free to contact me. Please visit my store <https://www.teacherspayteachers.com/Store/Olive-Education> for more activities.

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